

**The Catholic Parish
of
Our Lady, Star of the Sea**



18th Week of Ordinary Time, Year A
Sunday Cycle A, Weekday Cycle I, Psalter Week II

“Tell no one about the vision
until the Son of Man
has risen from the dead.”

Matthew 17:9

Parish Priest: **Fr Pádraig Hawkins**
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Parish Address: **The Catholic Presbytery**
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Parish Web Site: www.ourladystarofthesealowestoft.wordpress.com

R.C. Diocese of East Anglia:
A Registered Charity (Charity Commission No. 278742)

Parish Church: Catholic Church of Our Lady, Star of the Sea, Gordon Road, Lowestoft, NR32 1NL.

Chapel of Ease: St Nicholas' Catholic Church, Morton Road, Lowestoft, NR33 0JQ.

Other Clergy: Rev. Fr. Stephen Bould; Rev. Fr. Neville McClement, Rev. Mr. Stephen Pomeroy.

Parish Newsletter: Items for consideration need to be sent to Fr Pádraig - frpmfoh@gmail.com – by Wednesday Evening please. The Completed Newsletter will be posted on the Website each Saturday.

Catholic Primary School: St Mary's, Kirkley Cliff Road, NR33 0DG. Tel: 01502 565384. For more information please visit the school website: <https://www.stmarysrcps.com>

NB – the Readings and Prayers for the 18th Sunday of Ordinary time are, this year, superseded by the Readings and Prayers for the Feast of the Transfiguration of the Lord.

Gospel Reflection

“Today’s liturgy invites us to celebrate the feast of the Transfiguration of the Lord. This feast calls to our attention the importance of this event in Jesus’ life, further affirmed by its report in each of the Synoptic Gospels: Matthew, Mark, and Luke. In Cycle A, the reading for this feast is taken from the Gospel of Matthew. The Transfiguration occurs after Peter confesses his belief that Jesus is the Messiah and after Jesus predicts his Passion. In each of these Gospels, a discussion of the cost of discipleship precedes the Transfiguration. In each Gospel, Jesus takes three of his disciples—Peter, James, and John—to a high mountain. While they are there, Elijah and Moses appear and converse with Jesus. Elijah and Moses are both significant figures in the history of Israel. Moses led the Israelites out of slavery in Egypt and received from Yahweh the Ten Commandments. Moses represents the Law, which guides the lives of the Jewish people. Elijah is one of the most important prophets of Israel who helped the Israelites stay faithful to Yahweh, and some believed that Elijah’s return would signal the coming of the Messiah for the Jewish people. The appearance of these two figures from Israel’s history indicated Jesus’ continuity with the Law and the prophets. They also reveal that Jesus is the fulfilment of all that was promised to the people of Israel. Upon witnessing Jesus’ Transfiguration and seeing Jesus with Elijah and Moses, an awestruck Peter offered to construct three tents for them when a voice from Heaven affirms that Jesus is “my beloved Son” and commands the disciples to listen to him. In each of the reports of the Transfiguration, Jesus instructed the disciples to keep secret what they had seen until after “the Son of Man has been raised from the dead.” Until they witnessed Jesus’ Passion and Death, the disciples could not possibly understand what he meant by being “raised from the dead.” We, however, have the benefit of hindsight. In our hearing of the Transfiguration Gospel, we see an anticipation of Jesus’ Resurrection, a foreshadowing of Christ’s glory in Heaven, and the promise of our own resurrection.”

Please do visit the “Wednesday Word” Website each week for short Reflections on the Sunday Readings: <http://www.wednesdayword.org/sunday-gospel.htm>

Dates for your Diary...

19/08/2023 – There will be a Parish Afternoon Tea held at 2:30pm in the Stella Marris hall on the Afternoon of Saturday 19th August. Tickets are on sale and cost £5 per person or £14 for a family of 4. Please speak to Mrs Caroline Langan for more information on email: cazzylangan_249@hotmail.com.

19/08/2023 – The next CWL Meeting will take place on Tuesday 8th August at 1:30pm all welcome.

Parish 100 Club

We are currently setting up a Parish '100 Club' and have produced forms for parishioners to purchase 'Numbers'. A single number for a whole year (October to September) costs just £12 and you can purchase as many 'Numbers' as you like. On the first Sunday of each month, beginning this October, a draw will be made from among all the purchased 'Numbers' producing three Winners, 1st, 2nd and 3rd, each of whom will win a cash prize. The size of the cash prize will be determined by the number of 'Numbers' in play, but as the name suggests, we hope to have at least 100 parishioners with their own. To buy your own 'Number' please collect a form from either Fr Pádraig or Mrs Caroline Langan on email: cazyylangan_249@hotmail.com.

75th Anniversary Exhibition

Commemorating the great 1948 Cross Carrying Pilgrimage to Walsingham

From July until the end of October 2023, the Shrine is holding an exhibition to mark the 75th Anniversary of the Cross Carrying "Pilgrimage of Prayer and Penance for Peace", between 10.00 and 16.00, in the Welcome Centre at the Basilica and National Shrine of Our Lady, the Slipper Chapel at Houghton St Giles. The Exhibition contains details of the pilgrimage together with excerpts from reminiscences of the cross carriers, together with news clippings and photographs from the papers of the time. Entry is free.

Young Adults Formation

The Community of Our Lady of Walsingham (COLW) is offering an opportunity to Catholic men and women aged 18 - 35 to live alongside their community in Dereham for a week this summer. There are two choices of dates: 14th - 21st August or 30th August - 6th September. As well as joining community prayers, meals and activities, young adults will receive formation on topics such Prayer, Scripture, Discernment and the Spirituality of Walsingham. To find out more and for an application form, please enquire by 30th July by emailing the COLW Sisters at freetobe@walsinghamcommunity.org

Upcoming Second Collections for 2023

16th/17th September – Home Mission Sunday.

Weekly Collection

Thank you for last week's collection which amounted to £386.64 (Plus the regular standing orders of c.£398). Your continued financial support for your parish, the diocese and the wider Universal Church is much needed and very much appreciated.

We Pray for...

We pray for all in our Parish who are currently unwell and who are suffering from illness of one kind or another, praying especially for the housebound who are not able to join us for regular worship. We pray also for those who have recently passed away and for those whose anniversaries occur around this time; may they rest in peace. Names of the Sick and the Deceased may be written in the Parish Prayer Books and will be prayed for.

Mass & Service Times for the Coming Week: August 6th – August 12th

- Saturday 5th - 17:00 - Our Lady's** (18th Sunday of Ordinary Time, Year A)
Offered for: (RIP)
- Sunday 6th - 09:00 - St Nicholas'** (18th Sunday of Ordinary Time, Year A)
Offered for: People of the Parish
- Sunday 6th - 11:00 - Our Lady's** (18th Sunday of Ordinary Time, Year A)
Offered for: Intention
- Monday 7th - 09:00 - Our Lady's** (Feria)
Offered for:
- Tuesday 8th - 12:00 - Our Lady's** (Mem, St Dominic)
Offered for:
- Wednesday 9th - 09:00 - Our Lady's** (Feast, St Teresa Benedicta of the Cross)
Offered for:
- Thursday 10th - 18:00 - Our Lady's** (Feast, St Lawrence)
Offered for:
- Friday 11th - 09:00 - Our Lady's** (Mem, St Clare)
Offered for:
- Saturday 12th - 09:00 - Our Lady's** (Feria)
Offered for:
- Saturday 12th - 17:00 - Our Lady's** (19th Sunday of Ordinary Time, Year A)
Offered for:
- Sunday 13th - 09:00 - St Nicholas'** (19th Sunday of Ordinary Time, Year A)
Offered for: People of the Parish
- Sunday 13th - 11:00 - Our Lady's** (19th Sunday of Ordinary Time, Year A)
Offered for: A Special Intention...

Confessions: The Sacrament of Reconciliation will take place every week during Adoration and Exposition of the Blessed Sacrament (from 9:30 to c.10am) following the 9am Mass on Saturday Morning. One may also make an appointment with Fr Pádraig for confession at another suitable time.

Mass Intentions: If you would like to have a Mass offered for someone, living or deceased, or for a particular intention (exams, interview, etc.), please collect a pre-printed envelope from the back of the church. Details of your request, including the preferred date, can then be entered on the front of the envelope (legibly please) and then your offering may be placed inside before being given to Fr Pádraig.
