

**The Catholic Parish  
of  
Our Lady, Star of the Sea**



**10th Week of Ordinary Time, Year A**  
*Sunday Cycle A, Weekday Cycle I, Psalter Week II*

“Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.””

John 6:54

Parish Priest: **Fr Pádraig Hawkins**  
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Parish Address: **The Catholic Presbytery**  
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Parish Web Site: [www.ourladystarofthesealowestoft.wordpress.com](http://www.ourladystarofthesealowestoft.wordpress.com)

R.C. Diocese of East Anglia:  
A Registered Charity (Charity Commission No. 278742)

**Parish Church:** Catholic Church of Our Lady, Star of the Sea, Gordon Road, Lowestoft, NR32 1NL.

**Chapel of Ease:** St Nicholas' Catholic Church, Morton Road, Lowestoft, NR33 0JQ.

**Other Clergy:** Rev. Fr. Stephen Bould; Rev. Fr. Neville McClement, Rev. Mr. Stephen Pomeroy.

**Parish Newsletter:** Items for consideration need to be sent to Fr Pádraig - [frpmfoh@gmail.com](mailto:frpmfoh@gmail.com) – by Wednesday Evening please. The Completed Newsletter will be posted on the Website each Saturday.

**Catholic Primary School:** St Mary's, Kirkley Cliff Road, NR33 0DG. Tel: 01502 565384. For more information please visit the school website: <https://www.stmarysreps.com>

### **Gospel Reflection**

“This Sunday we celebrate a second solemnity during this period of Ordinary Time in the liturgical calendar. Today is the Solemnity of the Most Holy Body and Blood of Christ. This day was once called Corpus Christi, which is Latin for “Body of Christ.” In the revised Lectionary the name for this day is expanded to reflect more completely our Eucharistic theology. Today’s Gospel is taken from the Gospel according to John. The reading is part of a discourse between Jesus and a crowd of Jews. The discourse comes shortly after the miracle of Jesus’ multiplication of the loaves and fishes. In John’s Gospel, miracles such as this are identified as “signs” through which people come to believe that Jesus is the Son of God. These signs are followed by dialogue, or discourse that interprets and explains the miracle. In John’s Gospel, Jesus’ multiplication of the loaves is said to have occurred near Passover, thus linking it to the Exodus story and God’s saving action toward the Israelites. Having seen Jesus multiply the loaves and fishes, the crowd pursues him, perhaps seeking more food but also looking for another sign. Jesus tells the crowd that he is the bread of life. He explains that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. It is in this context that Jesus repeats those words in today’s Gospel and tells them again that he is the living bread that came down from heaven. Jesus’ words are not well understood by the crowd; they argue that Jesus is not from heaven but born of Mary and Joseph. The crowd also has trouble understanding how Jesus could give them his flesh to eat. Jesus tells them that when they eat his flesh and drink his blood, they will remain forever connected to him. These are difficult words, but they are important because they seek to show us our intimate connection with Jesus. This is the mystery that is at the heart of our Eucharistic theology. In the elements of bread and wine, Jesus’ Body and Blood are truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ’s Body in the world.”

**Please do visit the “Wednesday Word” Website each week for short Reflections on the Sunday Readings:** <http://www.wednesdayword.org/sunday-gospel.htm>

### **Upcoming Second Collections for 2023**

**1<sup>st</sup>/2<sup>nd</sup> July** – Peter’s Pence – The Holy Father’s Charitable Work.

**8<sup>th</sup>/9<sup>th</sup> July** – Missio – Mill Hill Mission Appeal.

**29<sup>th</sup>/30<sup>th</sup> July** – Society of St Columban – Mission Appeal.

Please pray for the Repose of the Souls of **Angela Ellis** who has passed away recently. May she, along with all the faithful departed, through the mercy of God, rest in peace.

## Sequence for Corpus Christi

Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,  
That may not unto dogs be given:  
Oft in the olden types foreshowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.  
Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine  
In fields of immortality;  
O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.



### Dates for your Diary...

**11/06/2023** – There will be a Bring and Buy Cake Sale after the 11am Mass on Sunday 11<sup>th</sup> June. Donations of baked goods, in any shape or size, would be much appreciated, being brought either to the church on the morning of or to the Presbytery in advance.

**24/06/2023** – There will be a Parish Bingo Evening in the Stella Maris Hall on Saturday 24<sup>th</sup> June starting at 7pm. Tickets costing £5pp will go on sale soon and will include entrance and a delicious Meal of a Baked Potato and a selection of Toppings. Bingo Strips and Raffle Tickets will be on sale throughout the night. Donations of prizes for this event would be greatly appreciated; please drop them at the church at any time.

**02/07/2023** – The Parish First Holy Communion Celebration will take place at the 11am Mass on Sunday 2<sup>nd</sup> July. Please continue to pray for all of our children at this time.

### Weekly Collection

Thank you for last week's collection which amounted to £c400.00 (Plus the regular standing orders of c.£398). Your continued financial support for your parish, the diocese and the wider Universal Church is much needed and very much appreciated.

### We Pray for...

We pray for all in our Parish who are currently unwell and who are suffering from illness of one kind or another, praying especially for the housebound who are not able to join us for regular worship. We pray also for those who have recently passed away and for those whose anniversaries occur around this time; may they rest in peace. Names of the Sick and the Deceased may be written in the Parish Prayer Books and will be prayed for.

**Mass & Service Times for the Coming Week: June 11<sup>th</sup> – June 17<sup>th</sup>**

- Saturday 10<sup>th</sup> - 17:00 - Our Lady's** (*Corpus Christi Sunday, Year A*)  
Offered for: Joe Summerville (RIP)
- Sunday 11<sup>th</sup> - 09:00 - St Nicholas'** (*Corpus Christi Sunday, Year A*)  
Offered for: Kathleen McAteer (RIP)
- Sunday 11<sup>th</sup> - 11:00 - Our Lady's** (*Corpus Christi Sunday, Year A*)  
Offered for: People of the Parish
- Monday 12<sup>th</sup> - 09:00 - Our Lady's** (*Feria*)  
Offered for: The Deceased of the Capaldi Family
- Tuesday 13<sup>th</sup> - 12:00 - Our Lady's** (*Mem, St Anthony of Padua*)  
Offered for: For the Sick and Deceased Members of the C.W.L.
- Wednesday 14<sup>th</sup> - 09:00 - St Mary's RCPS** (*Feria*)  
Offered for: The Children & Teachers of St Mary's RCPS
- Thursday 15<sup>th</sup> - 09:00 - Our Lady's** (*Feria*)  
Offered for: The Souls in Purgatory
- Friday 16<sup>th</sup> - 09:00 - Our Lady's** (*Solemnity, the Most Sacred Heart of Jesus*)  
Offered for: George Burden (RIP)
- Saturday 17<sup>th</sup> - 09:00 - Our Lady's** (*Mem, The Immaculate Heart of the B.V.Mary*)  
Offered for: Our Lady's Intentions
- Saturday 17<sup>th</sup> - 17:00 - Our Lady's** (*11th Sunday of Ordinary Time, Year A*)  
Offered for: Christine Jansen (RIP)
- Sunday 18<sup>th</sup> - 09:00 - St Nicholas'** (*11th Sunday of Ordinary Time, Year A*)  
Offered for: People of the Parish
- Sunday 18<sup>th</sup> - 11:00 - Our Lady's** (*11th Sunday of Ordinary Time, Year A*)  
Offered for:

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**Confessions:** The Sacrament of Reconciliation will take place every week during Adoration and Exposition of the Blessed Sacrament (from 9:30 to c.10am) following the 9am Mass on Saturday Morning. One may also make an appointment with Fr Pádraig for confession at another suitable time.  
**Mass Intentions:** If you would like to have a Mass offered for someone, living or deceased, or for a particular intention (exams, interview, etc.), please collect a pre-printed envelope from the back of the church. Details of your request, including the preferred date, can then be entered on the front of the envelope (legibly please) and then your offering may be placed inside before being given to Fr Pádraig.

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