

# The Catholic Parish of Our Lady, Star of the Sea



6th Week of Ordinary Time, Year A  
*Sunday Cycle A, Weekday Cycle I, Psalter Week II*

“Do not imagine that I have come to abolish  
the Law or the Prophets. I have come  
not to abolish them but to complete them.”

Matthew 5:17

Parish Priest: **Fr Pádraig Hawkins**  
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Parish Address: **The Catholic Presbytery**  
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**Suffolk**  
**NR32 1NL**

Parish Web Site: [www.ourladystarofthesealowestoft.wordpress.com](http://www.ourladystarofthesealowestoft.wordpress.com)

R.C. Diocese of East Anglia:  
A Registered Charity (Charity Commission No. 278742)

**Parish Church:** Catholic Church of Our Lady, Star of the Sea, Gordon Road, Lowestoft, NR32 1NL.

**Chapel of Ease:** St Nicholas' Catholic Church, Morton Road, Lowestoft, NR33 0JQ.

**Other Clergy:** Rev. Fr. Stephen Bould; Rev. Fr. Neville McClement, Rev. Mr. Stephen Pomeroy.

**Parish Newsletter:** Items for consideration need to be sent to Fr Pádraig - [frpmfoh@gmail.com](mailto:frpmfoh@gmail.com) – by Wednesday Evening please. The Completed Newsletter will be posted on the Website each Saturday.

### Gospel Reflection

“Matthew continues the Sermon on the Mount with a three part instruction by Jesus on the Way of Life in the kingdom of heaven. Today’s reading is part one and deals with the Law. Part two deals with worship and religious practice and contains the Lord’s Prayer. Part three deals with trusting God and deeds of loving service to our neighbour. When Matthew speaks of “the Law and the prophets” he means the whole Scripture. When the Messiah brings the fullness of the kingdom none of scripture will be done away with. Instead it will be fulfilled. Matthew’s Jesus does not overturn the Law of Moses, nor does he set his followers free from the Law. He requires his followers to go beyond the Law by doing more than the Law requires. The Law condemned murder. Jesus condemns anger. The Law condemned adultery. Jesus condemns even lustful looks. As Jewish Christians who had always been faithful to the Law Matthew’s community need a way to understand the difference Jesus and the kingdom he brings have made. They affirmed that God had always been at work in history through “the Law and the prophets.” But God’s work goes beyond that to be embodied by the Messiah who reveals the definitive will of God. The written scriptures and their interpretation in tradition are surpassed by Jesus whose life and teaching are the definitive revelation of the will of God.”

**Please do visit the “Wednesday Word” Website each week for short Reflections on the Sunday Readings:** <http://www.wednesdayword.org/sunday-gospel.htm>

### Ave Regina Cælorum / Hail Queen of Heaven the Marian Antiphon from Candlemas until Easter

VI



**A** - ve Re-gí-na cæ-ló-rum, \* A-ve Dómi-na Ange-  
ló-rum: Salve ra-dix, salve porta, Ex qua mundo lux est  
orta: Gaude Virgo glo-ri- ó-sa, Super omnes spe-ci- ó-sa:  
Va-le, o valde decó-ra, Et pro no-bis Christum ex-ó-ra.

### **Help needed!**

We are looking for more cantors to sing the Responsorial Psalm on Sundays at Our Lady's and/or St Nicholas Churches. If you like singing and praising the Lord this is a good way to do both. We are holding a Cantor Workshop at Our Lady's on Saturday 18th February from 10.30 to 11.30am for anyone interested. You will be able to try singing some Psalms in the church setting all together. If you are interested in coming along please contact Jan Long (organist) on 07753 626987 for more information.

### **Petition to stop the introduction of abortion up to birth**

In 2021, abortion campaigners brought forward an amendment to a Government Bill that would have introduced abortion on demand, for any reason, up to birth (including sex-selective abortion). This amendment did not go to a vote and pass, but the abortion lobby is expected to make another attempt to introduce this extreme abortion law change shortly. This would be the single biggest change to abortion legislation since 1967 and would introduce one of the most extreme abortion laws in the world. Right To Life UK is running a petition to ask the Prime Minister to do everything in his power to stop the introduction of abortion up to birth. Please add your name to the petition here:

<https://righttolife.org.uk/signthepetitiontorishi>

### **Catholic Primary School**

A reminder to all our parents that the local Catholic Primary School is St Mary's, located on Kirkley Cliff Road (NR33 0DG). For anyone who is considering a school placement for their child, from reception through to Year 6, I would recommend contacting the school and arranging either a tour or a meeting with the Head of School, Mrs Ewa Parker, Tel: 01502 565384. For more information please visit: <https://www.stmarysrcps.com>

### **Dates for you Diary...**

**14/02/23** - CWL meeting at 1:30pm on Tuesday 14<sup>th</sup> February. All are welcome.

**22/02/23** – Ash Wednesday / The Beginning of the Penitential Season of Lent...

**02/03/23** – Parish In-Council Meeting at 7:30pm in the Stella Maris Hall (postponed from the 2<sup>nd</sup> Feb) – Topics to be discussed and Items for the Agenda to be sent to Fr Pádraig, please, by Sunday 26<sup>th</sup> February. All are welcome to attend this meeting.

### **Weekly Collection**

Thank you for last week's collection which amounted to £315.12 (Plus the regular standing orders of c.£403). Your continued financial support for your parish, the diocese and the wider Universal Church is much needed and very much appreciated.

### **We Pray for...**

We pray for all in our Parish who are currently unwell and who are suffering from illness of one kind or another, praying especially for the housebound who are not able to join us for regular worship. We pray also for those who have recently passed away and for those whose anniversaries occur around this time; may they rest in peace. Names of the Sick and the Deceased may be written in the Parish Prayer Books and will be prayed for.

## Mass & Service Times for the Coming Week: February 12<sup>th</sup> – February 18<sup>th</sup>

- Saturday 11<sup>th</sup> - 17:00 - Our Lady's** (6th Sunday of Ordinary Time, Year A)  
Offered for: Harold Morris (RIP)
- Sunday 12<sup>th</sup> - 09:00 - St Nicholas'** (6th Sunday of Ordinary Time, Year A)  
Offered for: People of the Parish
- Sunday 12<sup>th</sup> - 11:00 - Our Lady's** (6th Sunday of Ordinary Time, Year A)  
Offered for:
- Monday 13<sup>th</sup> - 09:00 - Our Lady's** (Feria)  
Offered for:
- Tuesday 14<sup>th</sup> - 12:00 - Our Lady's** (Mem, St Cyril & St Methodius)  
Offered for:
- Wednesday 15<sup>th</sup> - 09:00 - Our Lady's** (Feria)  
Offered for:
- Thursday 16<sup>th</sup> - 09:30 - St Nicholas'** (Feria)  
Offered for:
- Friday 17<sup>th</sup> - 09:00 - Our Lady's** (Feria)  
Offered for:
- Saturday 18<sup>th</sup> - 09:00 - Our Lady's** (Feria)  
Offered for:
- Saturday 18<sup>th</sup> - 17:00 - Our Lady's** (7th Sunday of Ordinary Time, Year A)  
Offered for: Harry & Iris Pascoe (RIP)
- Sunday 19<sup>th</sup> - 09:00 - St Nicholas'** (7th Sunday of Ordinary Time, Year A)  
Offered for: People of the Parish
- Sunday 19<sup>th</sup> - 11:00 - Our Lady's** (7th Sunday of Ordinary Time, Year A)  
Offered for:

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**Confessions:** The Sacrament of Reconciliation will take place every week during Adoration and Exposition of the Blessed Sacrament (from 9:30 to c.10am) following the 9am Mass on Saturday Morning. One may also make an appointment with Fr Pádraig for confession at another suitable time.

**Mass Intentions:** If you would like to have a Mass offered for someone, living or deceased, or for a particular intention (exams, interview, etc.), please collect a pre-printed envelope from the back of the church. Details of your request, including the preferred date, can then be entered on the front of the envelope (legibly please) and then your offering may be placed inside before being given to Fr Pádraig.

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