

**The Catholic Parish  
of  
Our Lady, Star of the Sea**



**27th Week of Ordinary Time, Year C**  
*Sunday Cycle C, Weekday Cycle II, Psalter Week III*

“When you have done all you have been told to do, say,  
“We are merely servants:  
we have done no more than our duty.””

Luke 17:10

Parish Priest: **Fr Pádraig Hawkins**  
Parish Priest's Phone Number: **01502-572453**  
Parish Priest's E-Mail: **frpmfoh@gmail.com**

Parish Address: **The Catholic Presbytery**  
**19 Gordon Road**  
**Lowestoft**  
**Suffolk**  
**NR32 1NL**

Parish Web Site: [www.ourladystarofthesealowestoft.wordpress.com](http://www.ourladystarofthesealowestoft.wordpress.com)

R.C. Diocese of East Anglia:  
A Registered Charity (Charity Commission No. 278742)

**Parish Church:** Catholic Church of Our Lady, Star of the Sea, Gordon Road, Lowestoft, NR32 1NL.

**Chapel of Ease:** St Nicholas' Catholic Church, Morton Road, Lowestoft, NR33 0JQ.

**Parish Deacon:** Rev. Mr. Stephen Pomeroy – Tel: 07734 172545 – Email: [srpomeroy@yahoo.co.uk](mailto:srpomeroy@yahoo.co.uk)

**Sacramental Preparation:** Applications are made by Contacting Fr Pádraig – one month's notice is required for the Sacrament of Baptism and six months' notice for the Sacrament of Matrimony.

**Parish Newsletter:** Items for consideration need to be sent to Fr Pádraig - [frpmfoh@gmail.com](mailto:frpmfoh@gmail.com) – by Wednesday Evening please. The Completed Newsletter will be posted on the Website each Saturday.

### **Gospel Reflection**

“In today's Gospel we hear Jesus teach about faith and service to God. The context is a continuing dialogue between Jesus and his followers about what it means to be a disciple of Jesus. Jesus has just finished an instruction on sin and forgiveness. There are two related teachings that Jesus offers to his disciples when they cry out for an increase in faith. The first is the familiar reminder that faith, even just a little, will enable the followers of Jesus to do wondrous things. But this uplifting and inspiring teaching is quickly followed by the second teaching, a caution about knowing one's place in God's plans. The disciples of Jesus are to understand themselves as servants to God and his plans. Even when God works wonders through us, with our mustard seed-sized faith, we must not seek praise. Our participation in God's plans is God's grace to us—nothing more, nothing less. When we are graced enough to cooperate with God, the work we do is nothing more than our obligation to God as faithful stewards. And yet, our faith enables us to believe that what we have offered in service to God, as his servants, can be made to produce a hundredfold.”

**Please do visit the “Wednesday Word” Website each week for short Reflections on the Sunday Readings:** <http://www.wednesdayword.org/sunday-gospel.htm>

### **Visit of the Relics of St Bernadette – 13<sup>th</sup>-16<sup>th</sup> October**

The Relics of St Bernadette will be welcomed to our Cathedral, Norwich, on October 13<sup>th</sup> and by the church of Our Lady and the English Martyrs, Cambridge, on October 15<sup>th</sup>. Bishop Alan wishes to invite the whole Diocese to make a pilgrimage to either church. There will be opportunities for Confession and for the anointing of the sick, talks around the message of Bernadette and the significance of Relics today, and of course an opportunity for prayer and renewal, particularly during the all- night Vigils. Each day will also have a torchlight procession of Our Lady. For a detailed schedule and more information please see the poster displayed on the notice board.

### **Littleway Zoom Evening of Healing**

Thursday 6<sup>th</sup> October on Zoom at 7-9pm, All welcome. <https://zoom.us/j/98503370245>  
Meeting ID: 985 0337 0245 Password: 643344. Join us to praise the Lord, listen to teaching on His Word and hear testimonies of His Healing Grace.

### **Catholic Women's League**

The next meeting is on Tuesday 11<sup>th</sup> October at 1:30pm in the Stella Maris Hall. All are very welcome.

### **Pantry Donations**

A box is at the back of OLSS for your donations. I do hope you can give just a little to help those in greater need than ourselves. They are in need of tins of Tuna, if possible, but do not need tins of soup, tomatoes, rice and pasta. (Many thanks Barbara)

## **Consultation on Sunday Mass Times**

The arrival of a new Parish Priest always provides a good opportunity for a review of the current Sunday Mass schedule and then to make any necessary changes. Currently there is not sufficient time between the two Sunday morning Masses for the Parish Priest to provide Pastoral Care to those who attend St Nicholas at 9am. With this in mind the following Four proposals are being made and **all Parishioners** are asked to email (or Snail Mail!) their preference to Fr Pádraig by the end of October please.

A) Saturday 5pm at St Nicholas', Sunday 9am and 11am at Our Lady's.

B) Saturday 5pm at St Nicholas', Sunday 8am and 10am at Our Lady's.

C) Saturday 5pm at Our Lady's, Sunday 9am at St Nicholas' and 11am at Our Lady's.

D) Saturday 5pm at Our Lady's, Sunday 8am at St Nicholas' and 10am at Our Lady's.

All future Weekday Masses will take place as advertised in the Weekly Newsletter.

**Parish Devotions:** Exposition of the Blessed Sacrament will take place every week after the Saturday Morning Mass, from c.9:30 to c.10am, during which Confessions will be available.

**NB** Confessions will no longer take place on Saturday Evening. The Rosary will be prayed together following each of the weekday Masses at Our Lady's, c.9:30, during this month of Our Lady. The Chaplet of Divine Mercy takes place on Friday's at 11:45am.

## **K.S.C. Free Friday Autumn Lunches**

The Knights of St Columba are offering free, delicious, non-meat / salad lunches at 12:45pm on Friday 14<sup>th</sup> and Friday 28<sup>th</sup> October in the Stella Maris Hall. All you can eat and drink, and it's free, so there's no need to skip a Friday meal or eat alone on these cold autumn days. Please see the poster on the notice board for further details.

## **Parent & Toddler Group**

The Stella Maris Parent & Toddler group is open from 9am to 11am every Tuesday during Term-time. The cost is £1.50 per session per family. All are welcome.

## **Upcoming Second Collections for 2022**

**22<sup>nd</sup>/23<sup>rd</sup> October** – Mission – The Association for the Propagation of the Faith.

**19<sup>th</sup>/20<sup>th</sup> November** – Youth Sunday – Diocesan Youth Service

**10<sup>th</sup>/11<sup>th</sup> December** – Diocesan Dependant Priests' Fund

## **Weekly Collection**

Thank you for last week's collection which amounted to £499.40 (Plus the regular standing orders of c.£403). Your continued financial support for your parish, the diocese and the wider Universal Church is much needed and very much appreciated.

## **We Pray for...**

We pray for all in our Parish who are currently unwell and who are suffering from illness of one kind or another, praying especially for the housebound who are not able to join us for regular worship. We pray also for those who have recently passed away and for those whose anniversaries occur around this time; may they rest in peace. Names of the Sick and the Deceased may be written in the Parish Prayer Books and will be prayed for. The Funeral Service for **John O'Brien (RIP)** will take place in OLSS on Thursday 13<sup>th</sup> October at 12:30 followed by burial. Please keep his wife, Lily, and their family in your prayers at this difficult time.

## Mass & Service Times for the Coming Week: October 2<sup>nd</sup> – October 8<sup>th</sup>

- Saturday 1<sup>st</sup> - 17:00 - Our Lady's** (27th Sunday of Ordinary Time, Year C)  
Offered for: In Thanksgiving (St Expedite)
- Sunday 2<sup>nd</sup> - 09:00 - St Nicholas'** (27th Sunday of Ordinary Time, Year C)  
Offered for: Priest's Intention
- Sunday 2<sup>nd</sup> - 10:30 - Our Lady's** (27th Sunday of Ordinary Time, Year C)  
Offered for: (RIP) People of the Parish
- Monday 3<sup>rd</sup> - 09:00 – Our Lady's** (Feria)  
Offered for: Private Intention
- Tuesday 4<sup>th</sup> - 09:00 – Our Lady's** (Mem, St Francis of Assisi)  
Offered for: Joseph Aspinall (RIP)
- Wednesday 5<sup>th</sup> - 09:00 - Our Lady's** (Feria)  
Offered for: Private Intention
- Thursday 6<sup>th</sup> - 09:15 - St Nicholas'** (Feria)  
Offered for: Private Intention
- Friday 7<sup>th</sup> - 09:00 - Our Lady's** (Mem, Our Lady of the Rosary)  
Offered for: Margaret Morris (RIP)
- Saturday 8<sup>th</sup> - 09:00 - Our Lady's** (Feria)  
Offered for: Private Intention
- Saturday 8<sup>th</sup> - 17:00 - Our Lady's** (28th Sunday of Ordinary Time, Year C)  
Offered for:
- Sunday 9<sup>th</sup> - 09:00 - St Nicholas'** (28th Sunday of Ordinary Time, Year C)  
Offered for: People of the Parish
- Sunday 9<sup>th</sup> - 10:30 - Our Lady's** (28th Sunday of Ordinary Time, Year C)  
Offered for:

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**Confessions:** The Sacrament of Reconciliation will take place every week during Adoration and Exposition of the Blessed Sacrament (from 9:30 to c.10am) following the 9am Mass on Saturday Morning. One may also make an appointment with Fr Pádraig for confession at another suitable time.

**Mass Intentions:** If you would like to have a Mass offered for someone, living or deceased, or for a particular intention (exams, interview, etc.), please collect a pre-printed envelope from the back of the church. Details of your request, including the preferred date, can then be entered on the front of the envelope (legibly please) and then your offering may be placed inside before being given to Fr Pádraig.

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